



Kurdistan University of Medical Sciences

Nursing & Midwifery School

Academic CV

Dr: Roonak Shahoei

❖ **Personal Details**

- Name: Roonak Shahoei
- D.O.B: 21/11/1962
- Email: rshaho@yahoo.com
- Roonak.shahoei@muk.ac.ir
- Address: Kurdistan University of Medical Sciences, Nursing & Midwifery school
Passdaran Street Sanandaj Islamic Republic of Iran

❖ **Academic Qualifications**

- 2010 PhD , Community Health, University Putra of Malaysia
- 1993 Master of Science, Midwifery ,Shahid Beheshti University of Medical Sciences ,
Nursing & Midwifery School, Tehran, Iran
- 1989 Bachelor of Sciences, Midwifery, Tabriz University of Medical Sciences, Nursing
& Midwifery School, Tabriz, Iran

❖ **Positions & work experiences**

- 1989: Head of Midwifery Department
- 1993: The main member of Investigational Council in the University
- 1994 - 1998: Vice - President for academy affairs in Nurse - Midwifery College

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- 1996: Responsible of executive board
- 1995: Member of book selection committee
- 1996: Member of educational development committee
- 1997: Member of fertility research Council
- 1999: Member of Master's training Committee of university
- 2000: Member of Medical organization's board of director.
- 2000: Member of Investigational Committee of Nurse - Midwifery College.
- 2001 - 2003 Head of Nurse - Midwifery College, Kurdistan University of Medical Sciences.
- 2001 : Membership in Strategic planning Council of the university .
- 2001 : Membership in the university's economical and management Structure amendment Committee in hospital .
- 2001: Member of the university Council.
- 2001 : Manager in charge of the Nurse - Midwifery College 's magazine in Medical University of Kurdistan .
- 2001 : Member of Primary Disciplinary board of Medical organization in Sanandaj .
- 2004: Obstetrics Planning and Evaluation board member
- 2004: Member of the Kurdistan University of Medical Sciences Council
- 2004: Membership in promotion committee of faculty member
- 2011: Membership in Special Indication council of the Kurdistan University of Medical Sciences
- 2012 – present Deputy for Research Nursing & Midwifery School, Kurdistan University of Medical Sciences
- 2012-present Membership in Research council of the Kurdistan University of Medical sciences
- 2015- present Membership in Innovation council of the Kurdistan University of Medical sciences 2015 – present Membership in Educational council of the Kurdistan University of Medical sciences
- 2019 – Present Head of Nurse - Midwifery School, Kurdistan University of Medical

Sciences.

❖ **Key Skills**

- Computer & Software knowledge, Endnote, Nvivo, SPSS

❖ **Teaching**

- Pregnancy & childbirth
- Pathophysiology
- Maternal & child Health
- Research
- Midwifery Ethics
- Specific English

❖ **Selected Publications**

- The effect of honey saffron syrup on labor progression in nulliparous women. *Journal of Pharmaceutical Research International*2019; (28)4:1-8
- Evaluation of the quality of the pregnancy care from the perspective of service recipients using the SERVQUAL model. *Journal of Clinical and Diagnosis Research*2019; 13(3): 8-12
- The effect of early oral feeding on post- cesarean pain: a randomized clinical trial. *Crescent Journal of Medical and Biological Sciences* 2019;6(4):
- Exploring the Components of Professional Ethics in Teaching, from the Perspective of Faculty Members in Iran. *Health Education and Health Promotion*2019; 7(2): 1-8
- Comparison of the Effect of Vaginal Capsule of Evening Primrose Oil and Misoprostol on Cervical Ripening of Nulliparous Women with Post-term Pregnancy. *Journal of Pharmaceutical Research International*2019;26(3): 1-9
- The Effects of transcutaneous Electrical Nerve Stimulation on Post- Episiotomy Pain Severity in primiparous Women: A Randomized controlled , Placebo

Clinical Trial. GMJ 2019;8: e1404

- Seroprevalence of Cytomegalovirus among Women of Reproductive Age in Iran: A Systematic Review and Meta- Analysis. Iran J Public Health 2019; 48(2): 206-216
- Nursing Students' Errors and Their Causes: A Qualitative Exploration of Clinical Instructors' Perspectives. PSQI 2019; 7(1) ...
- Comparison of the effect of Entonox gas and aromatherapy with lavender on the severity of labor pain. Healthy Aging Research 2019; 8:1-5
- The relationship between mental health and resilience in Midwives working in Kurdistan province, 2017-2018. Journal of Advanced Pharmacy Education & Research 2018 ; 8 (4):83-88
- Comparative Study on the Effect of Matricaria chamomile and Achillea millefolium Capsules on Primary Dysmenorrhea Intensity of Dormitory students of Kurdistan University of Medical Sciences. Journal of Pharmaceutical Research International 2018;25(3): 1-7
- Evaluation pathology results in diagnosis of abnormal uterine bleeding among women referred to Beast hospital of Sanandaj, 2012. Med J Tabriz Uni Med Sciences Health Services. 2018;40(3):49-54
- Awareness of professional ethics in midwifery. Scientific Journal of Kurdistan Nursing, Midwifery and Paramedical Faculty 2018, 3 (4): 58-66
- Burnout and related factors in midwives. Scientific Journal of Kurdistan Nursing, Midwifery and Paramedical Faculty, 2018; 3 (4): 67-78
- The Relationship Between Blood's Lead and Cadmium Level and Iron Deficiency and Anemia in Children and Women: A Systematic Review and Meta-Analysis Journal of Student Research Committee Sabzevar University of Medical Sciences 2017;22(43):30-40
- The relationship between quality of life after childbirth and the childbirth method in nulliparous women referred to healthcare centers in Sanandaj, Iran .Electronic Physician 2017;9(12): 5985-5990
- The effect of transcutaneous electrical nerve stimulation on the severity of labor pain among nulliparous women: A clinical trial. Complementary Therapies in

Clinical Practice 2017; 28 28:176e-180

- Risk factors associated with neural tube defects in infants referred to western Iranian obstetrical centers;2013-2014. *Electronic Physician* 2017; 9(6): 4636-4642
- Maternal Outcomes Associated with Caesarean versus Vaginal Delivery. *Journal of Clinical and Diagnostic Research*. 2017 Jul, Vol-11(7): QC01-QC04
- The effect of perineal massage during the second stage of birth on nulliparous women perineal: A randomization clinical trial. *Electronic Physician*2017; 9(10): 5588-5595
- Shahbazi Hesabi P, Goudarzi M, Shahoei R. The comparison of dyadic adjustment rate and sexual function of infertile and fertile females referring to Besat hospital of Sanandaj city. *The Turkish Online Journal of Design, Art and Communication* 2016 Special Edition.
- Modes of delivery and maternal outcomes in women referred to Sanandaj Hospitals in 2013. *IJOGI* 2016; 18(185): 1-9.
- The Causes of Discontinuance of Oral Contraceptive Pills among Women Users in Sanandaj 2011. *Medical Journal of Tabriz University of Medical Sciences and Health Services*2016; 38(2): 42-47.
- The effect of Teasdale's cognitive therapy on anxiety reduction during pregnancy. *International Journal of Humanities and Cultural Studies* 2016; 1: 1170-1180.
- Outcomes of Circumcision in women: A review of existing studies. *Hakim Jorjani Journal* 2015; 2(1):1-10.
- Unwanted pregnancy and associated factors among pregnant women who referred to Sanandaj health care centers in 2011. *IJOGI* 2015;17(132): 10-15.
- The study of changes in cesarean section trend and its causes in Sanandaj Besat hospital. *Journal of Nursing, Midwifery and Paramedical* 2015; 1(2): 29-36.
- The survey of awareness of hospitalized mothers in postpartum ward regarding pregnant women's rights charter & its related factors in the governmental hospitals of Sanandaj city in 2013. *Journal of Nursing, Midwifery and Paramedical* 2015; 1(2): 1-9.
- Comparing health care providers & primigravida women's attitudes towards

normal vaginal delivery. *Journal of Nursing, Midwifery and Paramedical* 2015; 1(1): 41-47.

- Women lived experience of choice of cesarean delivery: a phenomenology study. *IJOGI* 2014; 17(104):1-10.
- The Association between Pre-Pregnancy Body Mass Index and Delivery Route. *Medical Journal of Tabriz University of Medical Sciences and Health Services* 2014; 36(2): 62-67.
- The experience of nursing students of clinical teaching: The impact of clinical experience of instructors. *Shahid Beheshti University of Medical Sciences* 2014; 25(88): 23-31.
- Kurdish women's preference for mode of birth: A qualitative study. *International Journal of Nursing Practice* 2014; 20: 302-309.
- Iranian Kurdish women's experiences of childbirth: a qualitative study. *Iranian Journal of Nursing and Midwifery Research* 2014; 19(7): 112-116.
- Comparison of perineal lacerations in routine vs selective medio- lateral episiotomy among women referring to the obstetrics department of Besat hospital in Sanandaj, in 2011. *IJOGI* 2014; 17(116): 8-14.
- Prevalence of Low Hemoglobin and its Correlation with Maternal Factors and Pregnancy Outcomes in Pregnant Women in Health Centers of Sanandaj in 2009. *Life Science Journal* 2013; 10(2s): 298-303.
- Fears associated with Pregnancy and Childbirth among Kurdish Women in Iran. *Life Science Journal* 2013; 10(2s):367-373.
- The Effect of Pre Pregnancy Body Mass Index and Gestational Weight Gain on Pregnancy Outcomes. *Life Science Journal* 2013; 10(6s):662-668.
- Cervicovaginal Biomarkers and C-reactive Protein Levels in Preterm and Term Labor. *Life Science Journal* 2013; 10(6s): 368-371.
- The effect of metformin on the lipid of women with polycystic ovary syndrome: A randomized controlled trial. *Journal of public Health and Epidemiology* 2013; 8(5): 341-345.
- The effect of maternal body mass index on the delivery route in nuliparous women. *Journal of public Health and Epidemiology* 2013; 8(5): 346-350.

- Factors associated with discontinuation of intra uterine devices among women referred to Sanandaj health care centers. *IJN*2013; 26(82):31-41.
- Quality of life among Iranian postmenopausal women participating in a health educational program. *Chronic Diseases Journal* 2013; 1(2).
- The experience of graduated midwifery students about clinical education: A phenomenological study. *Journal of Medical Education and Development* 2013; 8(1): 2-13.
- Comparison effect of Misoprostol & Dinoproston in term pregnancy Induction. *Medical Journal of Tabriz University of Medical Sciences and Health Services* 2012; 34(5): 35-40.
- Gender differences in test anxiety among students of guidance schools in Sanandaj, Iran. *Wudpecker Journal of Medical Sciences* 2012; 1(1): 1-5.
- Kurdish pregnant women's feeling: A qualitative study. *Midwifery* 2011; 27(2): 113-116.
- Kurdish pregnant women's feeling: A qualitative study. *Advanced Journal of Nursing (AJN)*2011; 67(10): 2079-2087.
- Kurdish Women's Experiences and Perceptions of their first Pregnancy. *British Journal of Midwifery*2010; 18(10): 650-657.
- Norplant complications among women of Sanandaj. *Shahid Beheshti University of Medical Sciences* 1997.
- Factors effect on acceptance of Norplant as contraceptive method in Sanandaj health care centers. *Nabze* 1996.

❖ Conference Presentation

- Transcutaneous Electrical Nerve Stimulation and Pain of Labor among Nulliparous Women. 3rd International Congress of Minimally Invasive Gynecology & Obstetrics. Tehran 2018.
- Effect of Transcutaneous Electrical Nerve Stimulation on Pain Severity Post-Episiotomy in Primiparous Women. 3rd International Congress of Minimally Invasive Gynecology & Obstetrics. Tehran 2018.

- Maternal outcomes and childbirth method. 2nd Debatable Topic on Obstetrics, Gynecology & Infertility, Tehran 2018.
- Professional Ethics. 4th medical ethics congress. Tehran 2016.
- Evaluation of abnormal uterine bleeding among menopausal women in Sanandaj. Debatable Topics on Obstetrics, Gynecology & Infertility. Tehhnan 2016.
- Incidence and risk factors of ovarian cancer in world. Debatable Topics on Obstetrics , Gynecology & Infertility . Tehhnan 2016
- A comparison between approved and rejected therapeutic abortion requests in legal medicine organization of Kurdistan province. Debatable Topics on Obstetrics , Gynecology & Infertility . Tehhnan 2016
- Female mutilation and related outcomes. 12th International Obstetrics & Gynecology. Tehran 2015.
- Neural tube defects and role of folic acid. 12th International Obstetrics & Gynecology. Tehran 2015.
- Factors effect on domestic violence. 12th International Obstetrics & Gynecology. Tehran 2015.
- Kurdish pregnant women's feeling: a qualitative study.3rd National qualitative Research in health sciences. Yasoj 2015.
- Relationship among Maternal and Child health. Health family, population and persisted development. Tehran2015.
- Do bishop score can predict successful of induction. 4th International Obstetrics & Gynecology. Tehran 2014.
- Induction and risk factors for cesarean. International congress for health promotion and decrease maternal mortality & morbidity. Tehran 2014.
- Prenatal health care and its related factors among women referred to Sanandaj health care centers. International congress of Women Health. Orommieh 2013.
- Relationship among birth weight and maternal body mass index. International congress of Women Health. Orommieh 2013.
- Effect of common contraceptive methods on quality of life & sexual satisfaction. Family Health Improvement. Sanandaj 2013.
- Relationship between body mass index pre- pregnancy and childbirth method. 10th

International congress of Obstetrics & Gynecology Disease. Tehran 2013.

- Effect of folic acid supplement on the incidence of neural tube defects in Kurdistan Province. Second Iranian International Conference on Women's Health. Shiraz 2013
- Iranian Kurdish Women's Experiences of Childbirth : A Qualitative Study. BCGIP. Istanbul, Turkey 2013.
- The experience of graduates midwifery students about clinical education: a phenomenological study. Second improvement medical education. Sanandaj 2012.
- 'Safe Passage': pregnant Iranian Kurdish women's choice of childbirth method. First Iranian International Conference on Women's Health. Shiraz 2012.
- Do pregnant Kurdish Women in Iran Prefer Cesarean Delivery? The XX FIGO World Congress of Gynecology and Obstetrics. Roma, Italy 2012.
- The experience of graduated midwifery students about clinical education: a phenomenological study. Second Improve medical education. Sanandaj 2012.
- Fears associated with pregnancy and childbirth among Kurdish women in Iran. 19th European Congress of Psychiatry. Austria 2011.
- Relationship among contraception method failure and pregnant women depression. Health Promotion, Sanandaj 2011.
- Factors effect on teacher and student relationship. Educational Seminar. Sanandaj 2010.
- Deciding on methods of delivery: emotions during pregnancy among Kurdish women. The 3rd Health Seminar of women Health. Malaysia 2008.
- Meeting of midwives affairs experts of Medical universities (23-24 of November, 2004)
- Second Congress of Nurse - Midwifery cares - Iran's Medical University (, 2003)
- National meeting of Midwives who were members of Medical organization's board of director (22 - 24th of septamber 2002 , Khazar - Abad - Sary)
- National meeting about the ethnic and law in nursing (21- 22nd of June 2002)
- The first National obstetric meeting (20th of April to 24 of April 2002- Medical University of Tehran)
- New incidents in teaching Nurse - Midwifery congress (5 - 7th of february 2002)
- Sixth International endocrine glands congress (6- 8th of october 2001- Tehran)
- Home - Caring Seminar (23 of September, 2001- Sanandaj)
- The Froth annual midwives registrars sitting in Tehran (14 - 15 of september 2000)

- The national seminar of Analyzing clinical training Nurse - Midwifery issues (27-28 of September , 1995- Hamedan)
- National obstetrics Managers seminar (22-23 rd of May- 1994)
- National Seminar about - using Technology in obstetrics (28-29th of April 1993- Tabriz)
- National women diseases and obstetric seminar (1-2 of october1992 - Hamedan)
- National Cancer seminar (15-16 June 1992- shahid Beheshti Medical university - Tehran)
- Fertility and infertility seminar (14-15 of May 1991, Yazd)

❖ **Workshop prepared and presented**

- Natural childbirth
- Professional Ethics
- Heart disease care in pregnant women
- Asthma care in pregnant women
- Labor & child birth care
- Postpartum care
- Midwifery emergency
- Vein thrombus embolic in pregnancy
- Pain relief methods
- High risk pregnancy
- Breast feeding
- Postpartum hemorrhage
- Hemorrhagic shock
- Newborn Resuscitation
- Newborn care

❖ **Books**

- Diabetes in pregnancy. Nezam parastary publication 2015.
- Kurdish Pregnant women's emotions and their effects. Scholar's press 2013.
- Mothers and infants Health and family planning book , Shahrab Publication , 2001
- Practical Management of Obstetrics Problems. Sulochana Gunasheela. Translation in

Farsi, Shahrab Publication, 2005.

- Ob/Gyn and Women's Health .Carr, Phyllis I. Translation in Farsi, Shahrab Publication, 2005.

❖ **Current Works in progress**

- Comparison the effect of oral consumption of Date syrup with Honey Saffron syrup on progress of delivery in primiparous women admitted to the delivery ward of Beasat Hospital in Sanandaj, 2019
- The effect of Stroke Back Massage on the anxiety and physiological indexes of diabetic pregnant women admitted to Beasat hospital in Sanandaj, 2019
- Comparison's Effects of Honey and Olive Oil on Episiotomy repair in Deliverd Women in Beasat Hospital Sanandaj, Year 2019
- Comparative Study on the Effect of Individual and Group training of sexual skills on sexual satisfaction and sexual self-esteem in woman referring to the Comprehensive Health Centers of Sanandaj, 2019
- Evaluation of the level of mother respect and its related factor from the viewpoint of hospitalized mothers on the postpartum ward of Beasat hospital, 2019
- The Effect of Lavender on the Accuracy of Internship Nursing Students of Kurdistan University of Medical Sciences in 2018
- Explain nurses exploration of angry of parents in hospitalized children
- Effect of multifaceted education program on knowledge, attitude and quality of end of life nursing care in intensive care units Kowsar hospital affiliated to Kurdistan University of Medical Sciences, 2018.
- Knowledge of prenatal care of pregnant women with HIV in midwifery students in Kurdistan University of Medical science, 2018
- The relationship between spiritual health and depression, anxiety and stress in pregnant women referring to Sanandaj comprehensive health centers in 2018
- Effect of Transcutaneous Electrical Nerve Stimulation in post-cesarean pain intensity among patients of Beasat Hospital, 2015

❖ **Current academic positions**

- Associate professor

❖ **Research Interests**

- Qualitative research
- Pain relief in labor & childbirth

❖ **Professional Membership**

- Member of Kurdistan Midwifery Scientific Association
- Member of Iranian Midwifery Scientific Association
- Member of Medical Council of Islamic Republic of Iran

❖ **Interests**

- Computer, Gardening, Travelling, Study

❖ **Language**

- Kurdish, Persian, & English

